



Info Sheet

HOTTENTOTS HOLLAND

NATURE RESERVE

Near Grabouw



USEFUL NUMBERS AND TIMES		GPS: 34 4 26.64 S 19 3 42.41 E
RESERVATIONS	087 087 8250	
RESERVE OFFICE	028 841 4301/02 (Office hours)	
EMERGENCY (Fire & Rescue)	082 413 5258	
OFFICE HOURS	08h00 – 16h30	(Monday – Friday)
CHECK-IN TIME	08h00 – 14h00	
CHECKOUT TIME	16h30	
GATE TIMES	08h00 – 16h30	

HOW TO GET THERE	GPS 34 4 26.64 S 19 3 42.41 E
Hottentots Holland Nature Reserve is about an hour's drive from Cape Town. Take the N2 over Sir Lowry's Pass, turn left on the R321, go through Grabouw and towards Villiersdorp. Up in Viljoen's Pass, watch out for Nuweberg and the reserve entrance signposted on your left.	

ABOUT THE RESERVE
<p>The reserve's mountainous terrain ranges between altitudes of 500m and 1 590m. Summers are generally hot and dry, while winters are cold with annual rainfall as high as 3 300mm on the Dwarsberg plateau. Weather conditions in the mountains can be unpredictable and dangerous</p> <p>The reserve entrance is at Nuweberg, high on Viljoen's Pass between Grabouw and Villiersdorp. About 7 000 hectares of private and state property around the reserve are co-managed by the Theewaterskloof Conservancy, which includes CapeNature and various landowners.</p>

ACTIVITIES	
SWIMMING	<p>Visitors will discover several clear natural pools hidden in the mountains.</p> <p>They offer a refreshing respite from the searing heat during the summer months, although the daring may plunge into pools in winter too!</p>
MOUNTAIN BIKING	<p>The reserve's mountain bike trail is 22km, winding up to Groenlandberg.</p> <p>The Groenland trail offers stunning panoramic views of the sea, nearby farms and even Hermanus on a clear day. It's a moderate out-and-back route that allows bikers to enjoy the reserve's wealth of fynbos.</p>
DAY WALKS / HIKING	Palmiet
KLOOFING	<p>Kloofing is an adrenaline-pumping way to explore Hottentots Holland and its clear mountain pools. Suicide Gorge is a popular route, involving hiking, leaping off cliffs into deep pools and swimming through mountain streams. Kloofing is not for the faint-hearted. This is best done with an experienced kloofer who has done the route before.</p>
CAPE CANOPY TOUR	<p>Situated in the Hottentots Holland Nature Reserve, CapeNature has partnered with Cape Canopy Tour to take you into a previously inaccessible and pristine part of this amazing World Heritage Site. We offer a fully guided zipline adventure tour.</p>

PLEASE TAKE NOTE OF THE FOLLOWING
<ul style="list-style-type: none"> • Hiking trail permits are available at the gate, via the Booking office and online. • Picnicking permits are available via the Booking office and online. • Parking and toilet facilities are available. • Please note that hiking trails might be closed at short notice due to extreme weather conditions or natural disasters. • No fires are allowed on hiking trail • At Hottentots Holland Nature Reserve, we harvest our own wood for sale to picnickers. To ensure the wood is free from the Polyphagous Shot Hole Borer, we do not allow picnickers to bring in their own wood.

HOTTENTOTS HOLLAND RULES

- Day picnickers are restricted to the picnic area **ONLY**.
- **Daily Capacity limits** are in place.
- NO pets are allowed.
- NO music (including musical instruments) and radios are allowed.
- NO alcohol allowed.
- NO rowdiness, hooliganism or disturbing of the peace will be tolerated.
- NO nude bathing is allowed.
- NO firearms are allowed.
- NO littering allowed.
- NO throwing or moving of rocks in and around the river is allowed.
- Parents are responsible for their children's behavior.
- Fires are only allowed in fireplaces provided for that purpose. Please do not break rocks or chop wood on constructed fireplaces. Always guard your fire and extinguish it thoroughly with water before leaving.
- No one may damage or remove vegetation or notice boards.
- The gathering of firewood from the veld is not allowed.
- Please be friendly and considerate towards your fellow picnickers as well as the picnic site staff.
- The gates open at **08h00** and close at **16h30 sharp**.



DAY TRAILS / WALKS

PALMIET TRAIL

This easy, circular route is suitable for families. Please note that hikers will not be allowed to start hiking this route later than 2pm, to ensure they are back safely before nightfall.

Maximum people allowed on the trail per day:	30
Total distance in km:	6km
Type of route:	Circular
Degree of difficulty:	Easy
Estimated time to complete:	2 hours
Cut-off time to set off on trail to be back before gate closes:	15h00
Must trails be booked before arrival at reserve?	Yes
Is a permit required?	Yes – available at the gate

HIKING SAFETY TIPS

- Wear comfortable walking shoes, sunscreen, and a hat.
- Do not hike alone.
- Carry enough food and water with you.
- Make sure you know the weather conditions before you depart.
- Take a warm jacket/raincoat in winter.
- Make sure you have a relevant map of the area.
- Take a field medical kit with you for emergencies.
- Obey all signage.
- Stay in a group and on the trails.

HIKING CHECKLIST: WHAT TO BRING

- Hat
- Sunblock
- Comfortable walking shoes.
- ***Sufficient snacks and drinking water***
- ***Good map of the area***
- ***Communication device in case of emergency***