



INKUNKUMA – UKWENZA ISIVUNDISO

INDAWO: XXX

UMHLA: XXX

FAKA ISIHLOKO



CapeNature

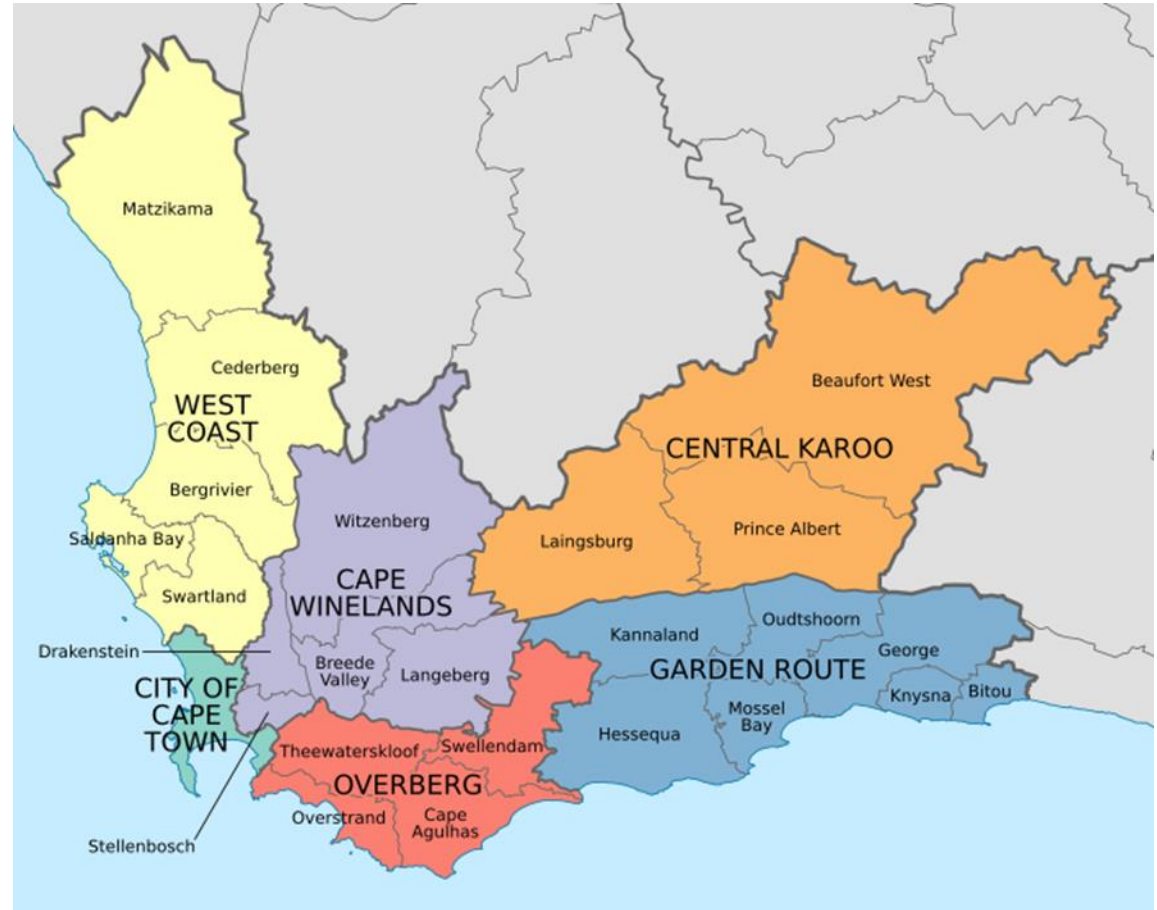


Singobani?



UCapeNature yinxenye karhulumente ekhusela ubomi obenzeka ngendalo bezityalo nezilwanyana (iindidi zezilwanyana nezityalo ezohlukeneyo) eNtshona Koloni.

NGOKU – yazisa abasebenzi bethu abamangalisayo ...



Yintoni esiza kuyenza namhlanje?

- Funda ngokwenza isivundiso.
- Funda malunga neempembelelo zokwenza isivundiso kokusingqongileyo.
- Funda ngokuba kutheni kubalulekile ukwenza isivundiso.
- Uhlolo lwenkunkuma yasendlini.
- Thembisa ukwenza isivundiso.



Ithini imithetho yanamhlanje?



Ukuvula

Indlela yokwenza isivundiso ekhaya (cofa udlala)



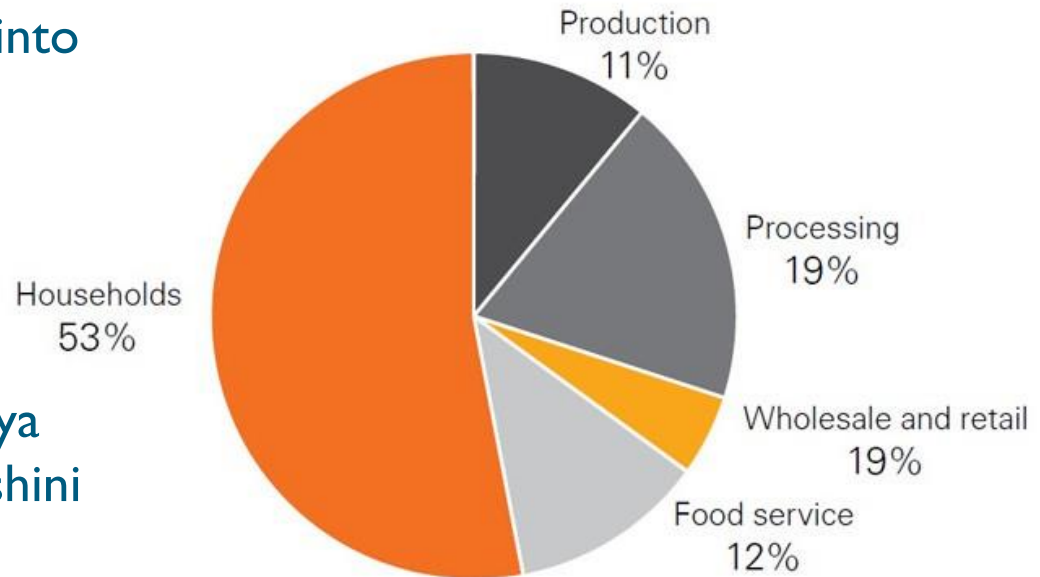
Ingaba wenza okutsha ngobugoxo obudala ekhaya?

Umsetyenzana okhawulezayo:
ingaba uke wacinga ngento eyenzeka kwinkunkuma yokutya?
Ingaba uyasenza isivundiso ekhaya?



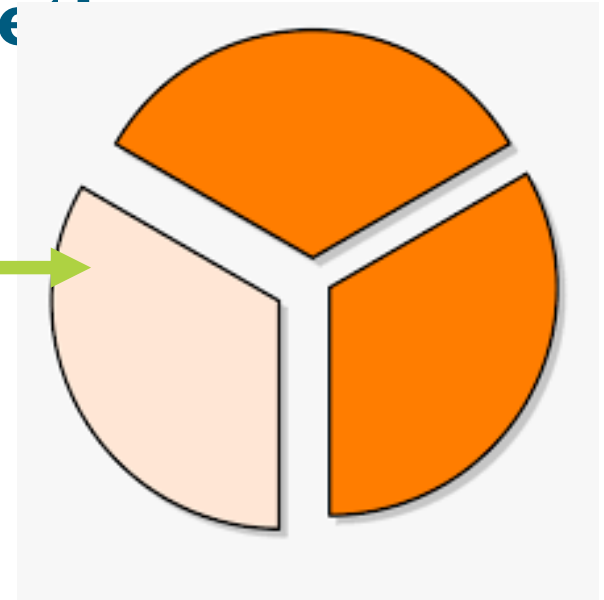
Oonobangela benkunkuma yokutya

- Ukungabikho kocwangciso olufanelekileyo
- Ukuthenga nokwenza ukutya okuninzi ngokugqithisileyo
- Iimpazamo ekusebenzeni ngezinto kumashishini kunye nokugcina imigaqonkqubo yokhuseleko lokutya
- Izithintelo zolawulo, izimali nobuchwepheshe
- Ukukwenza kube kuninzi ukutya ezirestyu, kwiihotele nakwishishini leenkonzozo zokutya
- Ukupakisha ukutya okugqithisileyo ezishelufini kunye nokuodola ukutya okugqithisileyo kwiivenkile zokutya nakwiisuphamakethe
- Ukuziphatha kwabasebenzisi



Iimpembelelo zenkunkuma yokutya kokusingqongileyo lwe-

- Ilahleko kwindidi zezilwanyana nezityalo ezohlukeneyo – ukwandisa umhlaba wezolimo
- Ukusetyenziswa kakubi kwe-1/3 yemimandla echumileyo yomhlaba ehlabathini – ukutya okungasetyenziswanga kwenza i-1/3 yomhlaba wezolimo wehlabathi
- Amanzi asuswe ngaphantsi komhlaba – umthamo wamanzi osetyenziswe kwezolimo
- Ukonyuka kwekhabhoni kunye nokukhawuleziswa kotshintsho lwemozulu – ukukhutshwa okunyukileyo kweegesi ezibamba ubushushu
- Iziphumo zoqoqosho – inkunkuma yokutya = imali elahlekileyo



Ngoba kutheni isivundiso?

- Sinciphisa inkunkuma.
- Someleza umhlaba kwaye sikhuthaza ukukhula okunempilo kwezityalo.
- Sehlisa imfuno yamayeza okubulala izitshabalalisi kunye nezichumiso ezenziwe ngemichiza.
- Kwenza okutsha ngobugoxo obudala kubuyise eziyimfuneko emhlabeni.
- Kukhuthaza indalo yomhlaba evelisayo.



Umsetyenzana wokwenza isivundiso

Umsetyenzana: landela amanyathelo eloku-1 ukuya kwelesi-8 kwiphepha lesi-4 lesicwangciso sokufunda. Umphathi unokunika iikopi 'Indlela yokuqala ukwenza isivundiso'.



Inkunkuma ekunokwenziwa ngayo isivundiso naleyo kungeke kwenziwe ngayo isivundiso

Gcina ezaleni:

- Amagqabi
- Ingca esikiweyo
- Qabi asikiweyo eheji
- Amagqabi eti
- lingxowana zeti
- Uthuli oluvela ekutshayeleni nasekuhuveni



Khupha ezaleni:

- Ilindle lezilwanyana, ingakumbi elezinja neekati
- Imveliso yezilwanyana – inyama, amathambo, ibhotolo, ubisi, izikhumba zentlanzi



Umsetyenzana

Uhlolo lwenkunkuma yasendlini

Nika abathathi nxaxheba iifom zohlolo lwenkunkuma yasendlini ukuba bazigcwalise. Nceda uxoxe ngeziphumo kunye namanyathelo anokuthathwa ngotshintsho kumakhaya abo awohlukeneyo nabathathi naxheba (ujoliso ingakumbi lube kwicandelo leoganikhi lohlolo lwenkunkuma yasendlini).

Isikhokelo sohlolo lwenkunkuma yasendlini

Choose a week in which you list all your household waste under the following headings:

RECYCLABLE	NON-RECYCLABLE	ORGANIC WASTE
e.g. glass	e.g. cling wrap	e.g. tea bags

Ukuhlanganisa



Yintoni endinokuyenza kwaye endiza kuyenza



Make a plan



Shopping List

Eggs
Potato
Cheese
Flour
Bread

Buy what you need



Recycle what's left



7 TOP TIPS
TO AVOID
FOOD WASTE

Be a storing
Superhero



Save what you
don't eat



JAN

15

It's a date



Cook what you can eat



Izithembiso

Umsetyenzana: Bonke abathathi nxaxheba kufuneka bakhankanye izithembiso zabo (umphathi kufuneka azibhale kwiphedi enkulu).

Abathathi nxaxheba – yenza isithembiso sakho!

WE CAN ALL **MAKE A BIG IMPACT** WITH **SMALL EASY ACTIONS.**



THANK YOU.