





De Mond is a haven, where creatures of all kinds find a peaceful and protected space to nest. This near pristine coastal reserve is situated at the mouth of the Heuningnes River, offering ideal breeding grounds for the critically endangered Damara and Caspian terns. De Mond gives human visitors plenty of places for shelter as well, under the damp, scented shade of the milkwood thickets, or the glittering serenity of the estuary. Although it is close to the popular coastal towns of Arniston and Struisbaai, the unspoilt peace of the reserve gives visitors a chance to block out the rest of the world, and to forget that anything exists, but the sea, the river, and the sky. Fishing enthusiasts can enjoy De Mond's prime freshwater and marine angling spots, while hikers can take in every corner of the reserve via its lovely trails. There is currently no self-catering accommodation available on the reserve.



From Cape Town, take the N2 to Caledon, before turning off on to the R316 to Bredasdorp. From Bredasdorp, the reserve can be approached from either the R319 to Struisbaai or the R316 to Arniston. De Mond is approximately 200km from Cape Town.

To view De Mond in Google maps, go to <u>https://www.google.com/maps</u> and insert these coordinates: 34°42'36.81"S, 20°06'17.41"E. Then select search for the map to display.



ACTIVITIES

	BIRD WATCHING	
Æ	PICNICKING	
AT OWN RISK	SWIMMING Heuningnes River or sea (Struisbaai Plaat)	
	DAY WALKS	
	WHALE WATCHING (seasonal)	
PERMIT REQUIRED. AVAILABLE AT THE POST OFFICE.	SHORE ANGLING ONLY (visiting hours only)	
Although cycling is not permitted at De Mond, there are mountain piking opportunities outside the nature reserve.		

DE MOND RULES

THE FOLLOWING ARE PROHIBITED



PICKING PLANTS



DISTURBING OF ANY WILDLIFE



ROWDY BEHAVIOUR

Please also ensure

the following:

FEEDING OF ANY ANIMALS

PETS



DRIVING ON RESERVE



PARKING AT

FISHING SPOTS

CYCLING





BRAAIING OR MAKING OF FIRES



WHEN GUTTING FISH, PLEASE **DISPOSE OF THE REMAINS IN** THE BIN PROVIDED.

CHECKLIST: WHAT TO BRING

>))))@



This is your entry permit



Water out of the tank is

onsumed at your own risk

DRINKING WATER

SUNSCREEN

SUN HAT



BINOCULARS



INSECT REPELLANT Especially during March-June



CapeNatureI

THERE IS NO SHOP ON THE RESERVE. FOOD, BEVERAGES AND OTHER PROVISIONS MUST BE BOUGHT BEFOREHAND.

SWIMMING COSTUME

AND TOWEL

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